

2018 Goals to Keep!
SMARTER Goals are Your Key to Success

My Goal Starting Point (in terms of general thoughts):		
Characteristic	Definition	Factors to My Goal
Specific	Be specific; include action that will be taken by you; makes you accountable	
Measurable	Measure against your standards of performance/expectation; quality, quantity...	
Achievable	Find your balance between too easy/too hard; here's where you must consider resources you'll need: time, others involved, costs..,	
Relevant	Make it relevant to you; if it is, it will keep you focused	
Time-bound	Specify a timeline/date; this way you can measure success along the way, which will be motivating to keep going	
Evaluate	As you progress, keep evaluating the goal, your progress, and if you need to make any modifications – goals can change as you focus: changes can happen if your resources are affected (time, money, people...)	
Revise	Make changes to your goal as needed. As you achieve your goals, you'll be ready to set some new ones!	
My Final SMART Goal:		